

TIGER TRACKS

Northern Lights ABC Elementary School Newsletter

Upcoming Events

September

XC Running Meet 4pm	17th
Fall Picture Day	25th
XC Running Meet 4pm	26th

October

September Reading Logs Due	1st
XC Running Meet 4pm	3rd
XC Running Meet 3:30pm.	4th
RWB Assembly 8:30am.	5th
PTA Board Meeting 3pm.	9th
XC Championships 3:30pm	10th
Fall Carnival 6pm	12th
No School	19th
Conferences	24th/25th
No School	26th
Picture Re Takes	30th
MS Academic Assembly 8:15a	31st

See NLABC Website for full calendar of Events....

[Facebook](#) [School Website](#) [Email](#) [SignUp](#)

SEPTEMBER IS ATTENDANCE AWARENESS MONTH

What you can do:

- Set a regular bed time and morning routine.
- Lay out clothes and backpacks the night before.
- Don't let your child stay home unless she/he is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make them feel more comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

School Success goes hand in hand with good attendance!



School News

NLABC Families!

It's so good to have all our students back in the halls of NLABC. We are off to a great start!

Just a few reminders regarding school drop off in the mornings...

Students **purchasing** breakfast can enter the building through the front door at 7:30am.

All other students should be dropped off **no earlier than 7:50am**, when outdoor supervision is on duty.

Students dropped off in front (*no earlier than 7:50am*) should walk around the building to find their class line. Except for 6th grade who lines up out front. Afternoon kindergarten students may enter the building **no earlier than 11:50am** and walk straight to their classroom.

If you need to exit your vehicle *for any reason*, please park in a parking spot in the main parking lot. The pull through lane in front and on Laurel St. are for loading and unloading only. Vehicles should not be left unattended in these two areas.

Safety is our top priority. Following these practices for morning drop off will help ensure the well-being of our students. Thank you for your cooperation.



Parent Teacher Conferences will be on October 24th and 25th.

Cross Country Jamborees for Anchorage elementary schools!

It's that time of year again — time for the cross country jamborees for Anchorage elementary schools! **So what exactly are the Jamborees?**

Hosted by the Anchorage School District and Healthy Futures, the elementary cross country jamborees are a FREE opportunity for all K-6 grade youth—no matter their abilities — to experience cross country running and walking in a noncompetitive environment. Distances depend on age, but vary from a half-mile for the younger kids to one mile for the older kids. The atmosphere is family-friendly , where parents are encouraged to stay around to cheer on the last child crossing the finish line.

Same-day registration is available, students can participate in the jamboree of their choice.

The **three jamborees** take place on the following dates and times:

Beach Lake Trails Jamboree at Chugiak High School, September 19 from 5 to 7:45 p.m. It serves all schools located in Eagle River, Birchwood and Chugiak.

North Anchorage Jamboree at East High School, September 20 from 5 to 7:45 p.m. It serves all schools located north of Tudor Road.

South Anchorage Jamboree at Service High School, September 28 from 9:30 a.m. to noon. It serves all schools located south of Tudor Road.

Visit www.healthyfuturesak.org for additional information regarding the jamborees and other family-friendly community events.

See you on the trails!

VOLUNTEERS ARE THE BACKBONE OF NLABC!

Please consider stepping into a new role during our 2018-19 school year. Experience not required - Training provided. We encourage you to be creative and bring new ideas to NLABC!

There are many other volunteer needs. Here's how it works in 3 easy steps -

1. Enter this link to go to our invitation page on SignUp:

<http://vols.pt/TigerTeam>

2. Enter your e-mail address

3. Choose your desired day & time to volunteer!

Library News



T.I.G.E.R. READING CLUB UPDATE

Summer Reading (May through August 2018)

Summer 2018 Total Reading Pages: 794,458

Pages left to 5-million-page-goal: 4,205,542

Readers who met the 2,500 page summer goal: 111

-PRIMARY CLASS TROPHY K-3 WINNER – Highest Percentage Meeting Goal

[Mrs. Navio's 3rd graders](#)

-INTERMEDIATE CLASS TROPHY 4-6 WINNER:

[Mrs. Duff & Mrs. Cotten - Tie](#)

-GRADE LEVEL TROPHY WINNERS – Highest Percentage Meeting Goal

KINDER - [Mrs. Kelly PM](#)

1st GRADE - [Mrs. King & Mrs. Gionet](#)

2nd GRADE - [Mrs. Liesener](#)

3rd GRADE - [Mrs. Navio](#)

4th GRADE - [Mrs. Kaas & Ms. Basinger](#)

5th GRADE - [Mrs. Duff & Mrs. Cotten](#)

6th GRADE - [Mr. Walsh](#)

-TEACHER/PRINCIPAL/STAFF PRIZE WINNER FOR THE MOST PAGES PERSONALLY READ May to August 2018 Mrs. Duff with 23,500 pages. Congratulations also to our new teachers, Mrs Pugh, Ms. Owens, & Mr. Rath for reading 5,000 pages and earning a Tiger Reading T-Shirt!

Battle of the Books

BATTLE OF THE BOOKS 18-19 will soon begin. Included in this newsletter is information that will help you and your student decide on participation in the program.

Battle of the Books is a statewide Alaskan reading motivation and comprehension program sponsored by the Alaska Association of School Librarians. The goals of the program are to encourage and recognize students who enjoy reading, broaden reading interests, increase comprehension and promote academic excellence.

Copies of the official title bookmarks for levels 3rd-4th, 5th-6th, and Middle School are available, and our school library has copies of the books for check-out to students. Copies are also available at the public library. Summaries of each book are available for download from the Northern Lights Battle of the Books page, and available in hard copy at the Northern Lights Library. If you choose to have your student participate in this program, please become involved in your child's reading and discuss the books at home, starting by reading the summaries together. While students are not required to read all the books to participate, students who read first & then discuss the books together will know the most about them and be able to answer the questions more easily.

Grades 3/4th will be coached by Mrs. Kaas and Mrs. Heinrich.

Thank you for taking the time to be involved in your child's reading and for supporting Battle of the Books at Northern Lights!

Tiger Reading is seeking 2 volunteers to help determine/fill prizes sheets. This job will take approximately 6 hours at school each month, and is usually completed on the 4th school day of the month.

Please contact Ms. Collins @ collins_alta@sdk12.org if you can help with this important part of NLABC's culture.

The Spring Book Fair is coming up soon. Sign up at <http://vols.pt/TigerTeam> to Volunteer!

School Nurse

Dear Parents,

I would like to share a couple of items with you regarding PE excuses (if student is injured/sick) and screenings.

PE excuse: As per ASD policy, the school nurse can excuse students from participation in Physical Education classes for a maximum of three (3) days at the nurse's discretion, or at the request of a parent. Any student unable to participate in physical education programs for more than three consecutive days, due to illness or injury will be required to present a medical excuse, including duration of non-participation, from the health care provider. An approved health care provider is limited to a physician (MD/DO), physician Assistant, advanced nurse practitioner, and in the event of skeletal injury or disability within the scope of chiropractic practice, a licensed chiropractor (DC).

Screenings: State mandated screenings are currently in effect for vision, hearing, height and weight for K, 1st, 3rd, 5th, 7th and New to district students. Referral letters will be sent home for students who fail vision screening twice. Students who fail the second rescreen for the hearing test will be referred to the ASD audiologist/ preferred healthcare provider.

Parents and/or guardians will be notified of any abnormal screening results, and a written referral to the appropriate provider will be presented to the parents.

Photo screening will begin Sept 24th for K, new to district and students at risk for vision problems.

Additional classes will be screened at a later date in October.

Please feel free to contact me if you have any questions on **742-7508**.

Thank you!

Ngozi Njoku, RN.

Middle School News



Help Middle School Reach its Fundraising Goal at Fall Carnival



One of the MAJOR fundraisers for Middle School are the candy sales at Fall Carnival on Oct. 12.

Please help us reach our goal this year! Here's how you can help:

- **Donate** full-size candy bars (bulk packages can be purchased at Costco) Students will sell these and proceeds will benefit middle schools. *Drop off to front office by October 10th*
- **Volunteer** – Students are needed to volunteer at the booth from 5:30 pm – 8:30 pm. Your student can volunteer for 1 hour or all 3 hours. There will be an adult chaperone. *Email linda31@ak.net or Flora Teo at fteo@ja-alaska.org.*

These funds will help us fund field trips, dances, events, and other activities for Middle School.

Cross Country Running Meets:

Monday, September 17th, 4-6pm at Girdwood

Wednesday, September 26th, 4-6pm at Mirror Lake MS

Wednesday, October 3rd, 4-6pm at Kincaid Park

Thursday, October 4th, 3:30-5:30pm at Kincaid Park **"Think Pink" Relays**

Wednesday, October 10th, 3:30-5:30pm at Kincaid Park **Championship**

Bulletin Board

Did your student receive a special award? Have a volunteer opportunity?
Scholarship info? Social event?

Send info to Linda Hehl linda31@ak.net or Flora Teo at fteo@ja-alaska.org.
We will print and add to the board for you!

Middle School Academic Assembly October 31st 8:15am

2018-19 Middle School Spirit Days

- | | |
|----------------------|--|
| October 4th | “Think Pink” Day (watch for information on how your class can receive a pizza party for participating!) |
| October 18th | Career Day “Future Aspirations”
Come dressed as your future self! |
| November 2nd | “Country Western” Day/Line Dance
(watch for permission slips) |
| November 9th | “Home Room Wars” Day
(winning home room will receive a prize!) |
| December 14th | “Fire & Ice” -MS Dance for a Cause
(watch for more information) |

PTA



AmazonSmile is a simple and automatic way for you to support Northern Lights ABC PTA every time you shop, at no cost to you. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate 0.5% of the price of eligible purchases to Northern Lights ABC PTA.

AmazonSmile is the same Amazon you know. Same products, same prices, same service. **You can even use the same account on Amazon.com and AmazonSmile!** Support Northern Lights ABC PTA by starting your shopping at AmazonSmile today!

It's Easy!

1. Log in at smile.amazon.com with your regular Amazon username and password.
2. Search for **"Northern Lights ABC PTA"** and select our PTA as your charity. 3. See **"Northern Lights ABC PTA"** in the website header.
4. Begin shopping!
5. Check out the way you always do.

Don't forget to bookmark the AmazonSmile link to make it even easier to support our school PTA every time you shop on Amazon. *Thank you for your support! NLABC PTA*

The Fall Carnival Sign Up is LIVE!

The Fall Carnival is October 12, from 6-8p.m.

This night of family fun needs your help to make it a success! Check it out, pick your favorite job! Most of the games will have able bodied high school volunteers to help you! There are some old stand-by games, some fun new ones, and some surprises! Sign up to help out today!

Can't volunteer your time? Donate an item or two! We need several things- check the sign up for up-to-date needs!

<http://vols.pt/TigerTeam>

**VOLUNTEERS
NEEDED!**

Check 'Sign-up' for
more info

- GAMES - MEMORIES -
- FOOD - PRIZES - LAUGHS -
- SILENT AUCTION - CANDY -
- FUN FAMILY TIME -

FALL CARNIVAL
FRIDAY, OCTOBER 12TH 6-8PM

The PTA Silent Auction is almost here!

Please participate and donate an item (or two or three!) to your child's classroom basket! Each classroom has a theme, and baskets will be auctioned off on October 12th during the Carnival. The money raised brings fun things like the Thanksgiving Feast, Math & Science Night, and Field Day to our school! These extras enrich our school, and the PTA is thankful for your participation. Here is a handy classroom theme list for reference! All donations need to be brought to class by Monday, October 1st.

Families are encouraged to create a basket/work of art/ craft of their own to donate to be auctioned off as well! We would love to see your creativity and abilities shine!

Kindergarten AM Teacher Mrs. Montes: Family Night IN
Kindergarten AM Mrs. Kelly: Baby Girl
Kindergarten PM Mrs. Kelly: Baby Boy
1st Grade Mrs. Gionet: Primary Books and Gift Cards
1st Grade Mrs. King: Primary Books and Gift Cards
1st Grade Mrs. Sims: Primary Books and Gift Cards
2nd Grade Mrs. Bissell: Dog Lovers
2nd Grade Mrs. Liesener: Beautiful You! Beauty Products
2nd Grade Mrs. Pugh: Chocolate!
3rd Grade Mrs. Barnett: Arts and Crafts
3rd Grade Mrs. Heinrich: Puzzles
3rd Grade Mrs. Navio: Asian
4th Grade Miss Basinger: Alaska Travel and Adventure
4th Grade Mrs. Kaas: Baking
4th Grade Mr. Rath: Coffee
5th Grade Mrs. Cotten: Family Game & Movie Night
5th Grade Mrs. Duff: (2 baskets) Boy or Girl Sleepover
5th Grade Ms. Owens: Mexican Cooking
6th Grade Mrs. Frackman: Nut Free Candy
6th Grade Mrs. Voelker: Camping
6th Grade Mr. Walsh: Art Supplies
Mrs. McKee's Homeroom: Movies
Frau Newhouse's Homeroom: German
Ms. Carreon: Italian
7th/8th Grade: Halloween
Office: Yard Games

For other volunteer opportunities, check the volunteer link!
<http://vols.pt/TigerTeam>

Thank you!
For questions, please feel free to contact me,
Kelly Pendley
NLABC PTA Volunteer Coordinator

**HIGH SCHOOL
VOLUNTEERS NEEDED**
**Northern Lights ABC
Fall Carnival**

Friday, October 12,
3-9 p.m.
(Carnival is 6-8 p.m.)
2424 E. Dowling

High school volunteers
get free pizza, soda,
and chips! Fun jobs! Up
to 6 hours volunteer
time!

RSVP:
text
'volunteer'
to
907-441-5695

Sp Adobe Spark